

တၢ်ဆၢကတီၢ်အရူၤဒိၣ်လၢနကမၤကဆိၣ်ဒီးမၤသံတၢ်ဃူးတၢ်ဃၢ်လၢနဟံၣ်



ကိးနံၤဒဲး

တၢ်အံၤပၣ်ဃုာ်ဒီးခး, ပဲတြီအစုဖိၣ်တဖၣ်, တၢ်အိးထီၣ်လီမ့ၣ်အူအပဒ့, စီၢ်နီၤခိၣ်, ခးဆ့ၣ်နီၤအစုဖိၣ်, လီတဲစိ, ဖံၣ်ယဲနိၣ်ဒီးခိၣ်ဖျူထၢၣ်ခံဘီးတဖၣ်, တၢ်ဟးလီၢ်ခွး, ထံပီၤအနီၣ်ဝံၣ်, ဒီးထံဖျိၣ်လီၢ်တဖၣ်န့ၣ်လီၤ.



ပျၢလၢနဟံၣ်ပျၢတဂၤမ့ၢ်ဆိးက့

ပျၢတဂၤလၢနဟံၣ်ပျၢမ့ၢ်ဆိးက့န့ၣ်, ဖဲအဝဲသ့ၣ်ဖိၣ်တၢ်အမဲၣ်ဖံးခိၣ်လၢပျၢအဂၤတဂၤဘၣ်သ့ၣ်သ့ၣ်ကဖိၣ်ဘၣ်ဝဲအလီၢ်တဖၣ်ဒ်အမ့ၢ်တၢ်လုၣ်ထံလီၢ်အမဲၣ်ဖံးခိၣ်, ဖၣ်ကပျၢပီးလီတဖၣ်, မ့ၣ်ပဒ့, ဒီးအဂၤတဖၣ်.



တၢ်မၤကဆိၣ်တၢ်အပီးအလီၤသ့ၣ်တဖၣ်ဟံၣ်အိၤလၢတၢ်လီၢ်လၢဖိသ့ၣ်ဖိၣ်အိၤတညီဘၣ်န့ၣ်တက့ၢ်

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မၤကဆိၣ်-တချုးမၤသံတၢ်ဆါအဃၢ်ဒံးဘၣ်အခါ, သူဆးပျၢဒီးထံလၢကမၤကဆိၣ်တၢ်အမဲၣ်ဖံးခိၣ်ဘၣ်အာတက့ၢ်. ဝံၤဒီး, မၤသံတၢ်ဆါအဃၢ်-မၤဘၣ်စီၣ်လီၤကသံၣ်ထံမၤသံတၢ်ဆါအဃၢ်လၢတၢ်အမဲၣ်ဖံးခိၣ်, အါတက့ၢ်ဟံၣ်ဃီကသံၣ်ထံမၤသံတၢ်ဃၢ်လၢEPAဟံၣ်ပနီၣ်ဝဲတဖၣ်တၢ်သူအိၤသ့ၣ်န့ၣ်လီၤ.

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KEY TIMES to Clean and Disinfect Your Home

✓ Daily!

This includes tables, doorknobs, light switches, counter-tops, handles desks, phones, keyboards, toilets, faucets, and sinks.

✓ If someone in the home is sick

If someone in the home is sick, after they touch additional surfaces that someone else in the home may touch, like bathroom surfaces, utensils, light switches, etc.



Keep cleaning supplies out of the reach of children.

Clean: Use soap and water to clean dirty surfaces, prior to disinfection.
Then, disinfect: apply disinfectant to surface, most of the common EPA registered household disinfectants work.



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